**A SEED OF PEPPER IN THE GROUND MAKES A DIFFERENCE TOMMOROW.**

Farmers are potential rich people who relies on what they cultivates for consumption. Planting of edible crops is very essential thing to do in this present Nigerian economy. The idea and habit of relying in buying entirely everything in the market in this present Nigerian Economy does not really go well. One needs to be productive and helpful to his /herself and household. Currently, 4 seeds of sizeable fresh tomatoes is sold at 1000K, and 3 pieces of pepper for # 200 in the market. The prizes of food commodities in our society is at a steady and speedy increase.

Your back yard, even Cement bags or sack bags stands a better option for your garden. Rt. Rev. Dr. Paul Amaechi Udogu, the Anglican Bishop of Afikpo diocese once said that “the time to plant is now” A seed of pepper, Okro, tomatoes, and maize etc. in a ground today gives a positive outcome tomorrow. With the knowledge of Agroecology, one can cultivate all year- round using irrigation process during the dry season for sustainability.

GARDEN: Is a planned space, usually outdoors set aside for the cultivation of vegetables, herbs, fruits and sometimes flowers which are grown for household use. Having a garden of your own gives the following benefits:

* It gives and provides access to fresh and organic plants especially vegetables and fruits which are rich in essential nutrients that leads to healthier diets and lifestyle for household.
* Cost -effective: Having a garden of your own reduces the cost for a regular vegetable consumer and can also save the cost transportation of going to the market.
* Convenience: Garden around gives great convenience and access to fresh vegetables and fruits right outside your doorstep anytime you so desires.
* Educational value: Having a garden around is a great way to teach children about plants, gardening techniques, and the importance of eating fresh food.

Having a garden around offers a wide range of goodness that contributes to better health, cost savings and environmental sustainability and personal wellbeing.

By: Blessing Eni

**STARTING UP A GARDEN IS REWARDING.!**